

February 2023, Vol. 45, No. 2

Spring Training, April 1st Anne Arundel Community College

In early April, the temperatures might still be low, and more than a bit of snow might still be lingering, but the sun is staying around in the late afternoon. The body clock screams, "sailing time, sailing time".

To prepare for sailing, we are excited to announce that Spring Training will have a diverse line up of 30 sessions. Starting with breakfast and opening remarks from our Commodore Carole Jordan, we then have six tracks from which you may choose five sessions based on your interest and skill level. Each session is identified with a **L** (Low experience in sailing), **M** (Moderate experience) or **E** (Experienced or skippers.). In the morning the sessions are 50 minutes long and after lunch the afternoon sessions are an hour and 20 minutes.

Examples of **L** sessions are Introduction to SOS, Basic Sailing Terminology and Basic Sailing Knots. If you are a new member, these are designed for you. For people with moderate experience, we have ABC's of Cooking Aboard, Docking and Boat Handling Under Power and Basics of Rafting, to name a few. If you are a skipper or have extensive experience such as first mates, sessions such as Celestial Navigation, Diesel Engines and Boat Electric Systems will expand your knowledge. Look

for the Spring Training Matrix on pages 10-11 of this newsletter for the full list of sessions.

Due to the impact of Covid on food prices, we have had to raise the price a little bit over last year, keeping the increase to less than 10%. Prices are member early bird: \$85; after March 1st member \$95 and non-member & walk in \$100.

To wrap up the day we will have a Happy Hour at O'Loughlins Restaurant and Pub, 1258 Bay Dale Dr, Arnold, MD 21012. 4:00pm-7:00pm.



O'Loughlin's is about ten minutes from Anne Arundel Community College where Spring Training is held.

The members of the Education Committee are looking forward to helping you kick off your sailing season by providing you a rich program with the opportunity to renew friendships and make new friendships. We hope to see you on this fun day of learning and camaraderie.

COVID - Winter Season Safety Protocol



"All participants attending SOS indoor events must provide evidence of Vaccination and Boosting upon request during the period Nov 1-April 15 as well as comply with the requirements of a specific venue then in effect. Members should expect to be denied admission without refund if they fail to comply with this winter policy."

VIEW FROM THE BRIDGE

Happy February!



As I am writing this column for the Whisker Pole, I am also getting prepared to head off to La Paz,

Mexico to sail with other SOS skippers and crew! Wow! I feel like I need to pinch myself to believe it.

I am so grateful that I found this sailing club 22 years ago. I did indeed “come for the sailing, and stayed for the friendships!” Think of all of the adventures that our group has had through the years! It’s amazing that we will soon be counting 45 years of adventures, sailing, learning, friendships and more!

As the years go by, I realize that I am not as “agile” as I used to be.... but who of us is? Therefore, at the request of many skippers, SOS is putting new emphasis on safety through encouraging our skippers AND crew to participate in the “Fit Sailor” program. You will be hearing more about this new program over the next few months.

In the meantime, Susan Zevin and Heide Harper have presented two Zoom sessions last month, that you can find videos of on our Zoom education website. The videos, which were presented on Jan. 6 and 20th, give easy exercises and Yoga poses to increase strength and promote

flexibility. Now is the time for us (me included) to begin our training, as it takes 8-12 weeks to get ready for spring commissioning. Don’t know about you, but I don’t want to miss any sailing because of a strained muscle or sore shoulder!! Are you with me?

February brings us more seminars – we can learn about the Good, The Bad, and The Ugly of Marine Insurance.

Also, we have several Fireside Chats, which I encourage you to sign up and attend. Small groups are the best!

And speaking of small groups, we have our regional brunches in February. Sign up early, sign up often!!

There is always a happy hour near you; see the calendar on the website to find one near to you or stretch out of your comfort zone and attend a happy hour a little farther away for fun. The happy hours are a great place to meet new friends. Adios, amigos.

Carole, Commodore

Welcome New Members

Robyn Freifelder
Kennett Square, PA

Mark Shapiro
Reisterstown, MD

Kerry Siebein -
Montgomery Village, MD

Whisker Pole Newsletter Published Monthly

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Boat US Discount code #GA80619S

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Unofficial Notes of January 5, 2023, Board Meeting

Official January minutes will be posted on the SOS web site when approved in February by the Board of Directors.

Approval of Minutes: Minutes of December 3, 2022, board (BOD) meeting approved.

Commodore: No Report

Vice Commodore: Nominations for major awards closed Jan. 8, 2023. Awards will be presented at the January 22, 2023, Brunch.

Treasurer:

Club Checking Account	15,536.20
Hi-Yield Savings Acc.	73,477.56
Credit Card	(17,995.39)
Bareboat Acc.	48,791.76

Bareboat Account is less than shown due to a payment toward the Le Paz Trip.

The 2023 Budget was approved and reflects a deficit of \$7,700. To relieve some of this deficit the

Secretary: No report

Committees:

Bareboat – Looking for location ideas and coordinators for Spring 2024 and Fall 2024.

Cruising - Cruising Kick-off will be at the Double Tree on April 22 from 11 am to 4 pm.

Database - Membership

	Jan. 2023	Jan. 2022	Jan. 2021
Members	255	232	224
Skippers	62	63	57
Lifetime Members	97	110	166
Lifetime Skippers	24	23	23
Inactive Members	24	22	11
Totals	462	450	481

Membership Renewal has been slow.

Education – Spring Training will be on April 1, 2023 at Anne Arundel Community College. Friday Night Zoom meetings: Jan. 6 – Sailing Fitness, Part 1 was excellent. Jan. 20 – Sailing Fitness, Part 2

First Mates – Cruise in June. Meeting/Appreciation Party will be held at Lorraine Fassett's home. Date TBD. I have changed my personal email to Watermusic32@gmail.com.

Membership – Welcoming packets are being sent and the Ambassador Program has begun.

Newsletter – The 16-page January Whisker Pole was mailed to 9 members; 22 copies were mailed to Happy Hour coordinators at a cost of \$184.91 which equals to \$5.96 for each printed copy.

Public Relations -- The EYC Lights Parade went well. Thank you to Chuck Fort for keeping his boat available. If you have a background/interest in PR we would like to hear your ideas for our 45th Anniversary.

Safety – The Sailing Fitness has been launched and was well received. The CPR Training is scheduled for March 11 with the Annapolis Fire Department. Looking at April 30th for Flare and Safety Day. Destination TBD.

Skippers' Advisory – An ad hoc committee is examining a new skipper mentor program which will blend a former skipper tender program with our current skipper mentoring program. The skipper helper days will continue. Looking into the possibility of a skipper's party at the end of February.

Social – Looking for new helpers. Please step up and assist Noreen. The after-Spring Training Party will be held at O'Loughlin's in Arnold Maryland.

New Business – Motions were brought before the Board and approved. They are as follows:

- The Cruising Schedule was approved.
- The Cruising Fee will increase to \$19.00.
- Power Boats will be allowed into circle and linear rafts.
- The 2023 Budget was presented and approved.

Regional Brunches – February 12th

*You do not want this to be the winter of your discontent
As cold and wind keep us off the Bay
So February Regional Brunches are here
To shoo those frosty blues away!*



You can call this a Valentine celebration, or not. It's the SOS way to create opportunities for you to meet people you may be sailing with, skippers and crew, in the warmer

months. There is no set program but generous members do offer their homes for a delightful brunch and hearty conversation. Come and join in the fun.

This is how it works; Consult the list below then **Email** the host of the location that you would like to attend. Hosts will coordinate the menu and communicate directly with the attendees for the event at their home. They will also send you any necessary directions.

This is the general setup: arrive at 11:00 a.m. or another agreed on time with the prearranged dish to share. Each participant will contribute \$10.00 at the door to cover the costs that the host has incurred, such as paper goods, beverages, etc. **No online sign-up for this event. Please RSVP directly to the host.**

February 12 Regional Brunches:

Annapolis, MD:

Shirley Brooks-Hollandursky and George Hollandursky
shirleybrooks@yahoo.com, 20 guests **FULL**

Annapolis, MD:

Nancy Briggs. nancybriggs@hotmail.com, 20 guests

Rockville, Bethesda, MD and DC/VA:

Barbara Wise. bwise8426@gmail.com, 10 guests

Rockville, Gaithersburg, Germantown, MD

Jon Bernheimer Jonbernheimer@verizon.net 20 guests

Newark, DE:

Julie & Chuck Fort, jafort@comcast.net 16 guests

Bradenton, FL:

Molly Harrison & Ned Schwartz mollyned@verizon.net
10 guests

Brunch – April 2nd

Jahn Tihansky, Everglades Challenge Retrospective and General Meeting



Join us for Brunch at the Annapolis Doubletree Inn to hear Jahn Tihansky, head of the U.S. Naval Academy's Offshore Sailing Team, discuss how he won the Everglades Challenge which is a 300-mile expedition style adventure race for kayaks, canoes, and small boats, from Tampa to Key Largo.

Sailing on *Spawn* with Jeff Linton and OH Rodgers, Team Twobeers finished the challenge in an unprecedented 37 hours and 36 minutes. "*Spawn*" is the result of two years of tweaking to create the perfect boat that would crush the challenge. *Spawn* is a modified custom-built OH Rodgers with a broken Melges 20 mast, an A-cat boom, bowsprit, and rudders. "Rodgers is a composite guy," says Tihansky, "and he put it together. With a plywood hull, the boat weighs just over 550 pounds.



Also, at this Brunch we will view the **2022 Retrospective** – a review of the SOS year through photographs and announce the **Photo Contest** winners.

Following the brunch all are invited to attend a **General Membership meeting**. As directed by our bylaws, the Treasurer will provide a budget update and overview, and each committee chair and/or their board liaison will share a summary of the 2022 year's highlights and a look ahead to 2023.

Zoom Education Programs

On the second and fourth Friday evenings this winter the Education Committee will present a variety of one-hour education programs via ZOOM. The evening starts at 6:30 with thirty minutes for socialization before the 7:00 program begins. A club-wide email blast is sent each week with the link for you to use to join. **If you would like to volunteer to help the Education Committee with this event or be a speaker, please contact Bill Knapp at banknapp@gmail.com**

February 11th Seminar Marine Insurance: The Good, The Bad, The Ugly



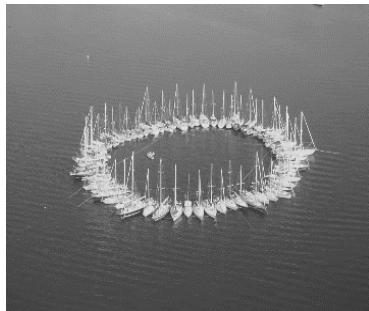
In 2015, Jim Brooks and Cynthia Palmer lost their Pacific Seacraft Crealock 34 to vandalism while the boat was stored on land. The damage was extensive; their insurer offered them only 40% of the total insured value of the boat rather than declaring the boat a total loss.

This seminar will detail the months-long steps they had to take to have the boat declared a total loss, resulting in 100% reimbursement of its insured value. The many critical aspects of boat insurance policies they learned about will be covered in this seminar. What you think your policy will cover and what your insurance company says it will cover are not always the same. ***Bring your own policy and join the discussion!***

March 4th Seminar Raft Captain Training

Rafting is an important aspect of SOS cruising and doing it safely is critical. Learn how SOS builds linear and circle rafts, including where and how to set an anchor, place fenders, secure lines, approach in the wind, and effectively communicate both on the boat and with the Raft Captain.

This seminar is designed for Raft Captains, potential Raft Captains, Skippers, First Mates, and all Crewmembers. The session covers considerations involved in raft building such as advance planning, general guidelines for all rafts, special considerations for circle and linear rafts, handling emergencies, docking for land-based cruises, and ways in which Skippers and Crew can assist the rafting process. There is no cost for Raft Captains, potential Raft Captains, First Mates and First Mate Candidates.



Fireside Chats



Fireside Chats provide an opportunity during the non-sailing months to gather in a home to enjoy tasty food, libations, great company and hear a short educational presentation by an excellent speaker. For a \$20 fee Happy Hour and dinner are provided. Groups are small (15-25 usually) so you can get to know people you may not have met during the sailing season.

February 18th - Avoid Travel Woes: Leaving Town? You should find this Fireside Chat helpful! Many of us plan or at least dream of traveling for an extended period of time. Before getting too far into the planning process there are certain things to consider and manage in order to make your travels more pleasant. Teeja Meier and Barbara Mistrik both have dealt with these issues and can share the dilemmas and possible solutions. They will discuss how to prepare for health insurance coverage, mail receipt, auto care and auto license issues, home maintenance and banking.

March 11th – SOS Bareboat Trips:

Bareboat Chair, Deb Kaufmann, will discuss upcoming trips and share anecdotes of past trips. She will explain how to use the SOS Bareboat Simple Site to find out details about trips.

SOS Sock Burning March 19th

We sailors eagerly anticipate the start of our sailing season! In celebration of our upcoming time on the water, we **bid the blustery winter season adieu!** In the Chesapeake Bay, especially in the Annapolis area, sailors celebrate the seasonal change with "The Burning of the Socks!" No longer do we need to protect our toes and ankles from the wicked chill of Jack Frost. **Bring those odd socks**, you know the ones that have lost their mates, socks with missing heel or toes, or just those that are on their last legs and **toss them into the fire** in this celebration of the Spring Equinox.



We'll celebrate with friends, anticipate future sailing, tell tales of past adventures, and share food and drink.





5:00 – Happy Hour
5:30 – Burn Those Socks
6:00 – Dinner

Register early on SOS web page as attendance is limited to 30 attendees.



SOS Awards presented by Board of Directors



	<p><i>Rookie of the Year Award</i></p> <p>Pat Tracey</p>	<p>This award is to recognize the individual who, in his or her first year of sailing with SOS, demonstrates superior interest in sailing and in learning more about sailing and becomes involved in one or more of the SOS programs.</p>
	<p><i>Commodore's Award</i></p> <p>Chuck Fort</p>	<p>Provides for the club's highest-ranking officer to extend a grateful thanks and public recognition to a member who has made significant contributions in fostering the goals of SOS and continues to contribute to many aspects of the club.</p>
	<p><i>Elinor W. (Ellie) Abramson Award</i></p> <p>Emil Becker</p>	<p>This award is presented to that individual who has made special contributions to education programs during the previous year.</p>
	<p><i>Ed Kline Member of the Year Award</i></p> <p>Shirley Brooks</p>	<p>Presented to an active (although not necessarily expert) sailor who has made major contributions to more than one area of club activity. The member cannot be a current or recent past board member.</p>



Training in CPR/AED and First Aid for Mariners

Saturday, March 11

Once again, we are holding this important training session before the season begins to give us more instruction on safety. The Annapolis Fire Department emergency medical personnel will conduct this class on CPR (cardiopulmonary resuscitation), the use of the Automated External Defibrillator (AED) and first aid with a special focus on mariners. The training will be held at the Taylor Avenue Fire Station in Annapolis.

Because SOS recognizes the value of these important skills, the club pays half the cost of this American Heart Association certified training. Whether you are learning these techniques for the first time, or recertifying, there is always more to learn. Recommended procedures are always being updated. Certifications are valid for two years.

The class will start at 9:00 AM and run to approximately 4:00 PM. Your cost is \$48.00, which includes coffee and a light breakfast, as well as lunch. Attendees are required to be fully COVID vaccinated and boosted. The deadline for registration is March 4. If you have any questions, please contact Joan Tannen, SOS Safety Chair, at jtkeuka@gmail.com or safety@singlesonsailboats.org

Fire Extinguishers Needed

The club is always looking for old fire extinguishers to use at our annual Flare and Safety Day training. At that training, participants get the valuable experience of practicing the use of fire extinguishers.



If you have any that have expired, and you're willing to donate them to this important cause, please contact Joan Tannen, SOS Safety Chair, at safety@singlesonsailboats.org or jtkeuka@gmail.com

We appreciate it!

Fleet Exercises and Shore Leave

Please email your questions and request for directions to the coordinator.

If you are paying by check for any sailing event, a paper Sailing Registration Form must **accompany the check** mailed to the **coordinator**. A copy of this form can be found on the SOS website. All checks are to be made payable to **SOS, Inc.** The postmark is used as the mail in cutoff/deadline date.

Note: Individual request for refunds will incur a \$3 Administration Fee.



February 9 Thursday

Location: Zoom option only. Contact Commodore if interested in attending. commodore@singlesonsailboats.org.

Board Meeting

Time: 7:00pm to 10:00pm.
Note: Open to all Members.



February 2nd & 4th Fridays

Location: Comfort of your home
Invitation: Moderator will send out a Blast with sign on information prior to day of event.

Education Zoom Seminars

Time: 6:30pm to 7:00pm Socializing.
7:00pm to about 8:00
Note: 8:00pm Presentation.

Zoom application is needed for your PC, laptop or phone.
Dial-in option is also available.
Open to all Members.



February 11 Saturday

Location: Crofton Library, 1681 Riedel Rd., Crofton, MD.
Speakers: Jim Brooks and Cynthia Palmer.
Topic: Marine Insurance.
Deadline: Mail and online registrations must be received by Feb. 8 (9:00pm).

Seminar – Marine Insurance: The Good, The Bad, The Ugly.

Cost: \$10.

Time: 10:30am to 2:00pm.

Note: Coffee and snacks provided. **Bring you insurance policy!**
Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

Coordinator: Shirley Brooks-Hollendursky Shirleybbrooks@yahoo.com
Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org



February 12 Sunday

Location: Held in private homes of SOS members.

- Bradenton Beach, FL.
- 2 in Annapolis, MD.
- Delaware/Pennsylvania.
- Bethesda/N. VA/DC.
- Rockville, Gaithersburg, MD.

Contact host to register and receive directions.

Regional Brunches

Cost: \$10 payable at the door.
Plus, a dish to share.

Time: 11:00am Social Hour.
12:00noon Brunch.

Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

Deadline: Contact host by February 9.

Note: See details on page 5 in the Whisker Pole
Please RSVP directly to the host.

Coordinator: To volunteer to host a brunch, contact – Lorraine Fassett lhassett@verizon.net

**February 18 Saturday**

Location: Annapolis, MD.
Speakers: Teeja Meier and Barbara Mistrik
Topic: What to consider before cruising or traveling.
Deadline: Mail and online registrations must be received by Feb. 12 (9:00pm).
Limited to 10 participants.

Coordinator: Cindy Gross cgross@cfgandpartners.com

To host one of these events, contact Barbara Mistrik mistrikbarbara@gmail.com
 Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

Area Fireside Chat

Cost: \$20 by deadline.
 \$25 after deadline.
Host: Suzanne Ziska.
Time: 5:30pm.

Note: Non-members must be accompanied by Member. No smoking, no walk-ins.
 Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

**March 2 Thursday**

Location: Zoom option only. Contact Commodore if interested in attending.
commodore@singlesonsailboats.org.

Board Meeting

Time: 7:00pm to 10:00pm.
Note: Open to all Members.

**March 4 Saturday**

Location: Crofton Library, 1681 Riedel Rd., Crofton, MD.
Speakers: Chuck Fort.
Topic: Raft Captain Training.
Deadline: Mail and online registrations must be received by Mar. 1 (9:00pm).

Coordinator: Shirley Brooks-Hollendursky Shirleybbrooks@yahoo.com

Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

Seminar – Raft Captain Training

Cost: Free for Skippers, FM, FM Candidates.
 \$10 for crew.
Time: 10:30am to 2:00pm.

Note: Coffee and Snacks provided.
 Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

**March 11 Saturday**

Location: Annapolis Fire Department, 620 Taylor Avenue, Annapolis, MD.
Speaker: Annapolis Fire Dept., EMS Team.
Topic: CPR/AED and First Aid for Mariners.
Deadline: Mail and online registrations must be received by Mar. 4 (9:00pm).

Coordinator: Joan Tannen jtkeuka@gmail.com

Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

Seminar - CPR & First Aid for Mariners

Cost: \$48 (the club is paying the other half of the training and certification costs).
Time: 9:00am to 4:00pm.

Note: A light breakfast and lunch will be included.
Note: **Per SOS requirements - Only COVID vaccinated and boosted participants, please.**

**March 11 Saturday**

Location: West Chester, PA.
Speaker: Deb Kauffman.
Topic: SOS Bareboat Cruising.
Deadline: Mail and online registrations must be received by Mar. 4 (9:00pm).
Limited to 10 participants.

Coordinator: Mary Payne mary.payne@comcast.net

To host one of these events, contact Barbara Mistrik mistrikbarbara@gmail.com
 Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

West Chester Area Fireside Chat

Cost: \$20 by deadline.
 \$25 after deadline.
Host: Deb Kauffman.
Time: 5:30pm.

Note: Non-members must be accompanied by Member. No smoking, no walk-ins.
 Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

**March 19****Sunday****Fireside Chat/Sock Burning: Annapolis**

Location: Annapolis, MD.
Speaker: George Hollendursky.
Topic: Sock Burning.
Deadline: Mail and online registrations must be received by Mar. 15 (9:00pm).

Cost: \$25, member or guest.
Host: Shirley Brooks-Hollendursky.
Time: 5:00pm. **Limited to 20 persons.**
Note: Non-members must be accompanied by member. No Smoking, no walk-ins. Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

Coordinator: Linda Casucci casuccilj@gmail.com
 Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

**April 1****Saturday****Spring Training**

Location: Anne Arundel Community College, Arnold, MD.
Presentations : Classroom setting with various levels of experience, covering sailing/boating topics.

Cost: \$TBD.
 Early Bird Special \$85, February.
Time: 8:30am to 4:30pm.
Note: Details in the Whisker Pole. Per SOS requirements - **Only COVID vaccinated and boosted participants, please.**

Registrar: Cathy Laws lawscm55@gmail.com
 Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

**April 1****Saturday****After Spring Training Happy Hour**

Location: O'Loughlin's Restaurant and Pub, 1258 Bay Dale Dr, Arnold, Maryland.
 Come and share your experiences from the day's Training.

Cost: Everyone will be on their own for ordering drinks and any food.
Time: 4:00 pm to 7:00 pm, after the Spring Training event.

**April 2****Date Change****Sunday****Brunch/General Membership Meeting**

Location: Double Tree Hotel, Annapolis, MD. Coastal Room.
Speaker: Jahn Tihansky
Topic: Nontraditional Everglades Challenge.
 Plus: 2022 SOS retrospective & Photo Contest results.
Deadline: Mail and online registrations must be received by Mar. 28 (9:00pm).

Cost: \$31 – Brunch.
 \$35 – After deadline and walk-ins.
Time: **Walk-ins CANNOT be guaranteed a seat.** 11:00 am Social Hour, 12:00 noon Brunch 1:00 pm Program.
General Membership meeting will be after the program.
Note: Per SOS requirements - **Only COVID vaccinated and boosted participants, please**

Coordinator: TBD
 Please **be sure to log-in first**, then sign up online at www.singlesonsailboats.org

**April 6****Thursday****Board Meeting**

Location: Zoom option only. Contact Commodore if interested in attending. commodore@singlesonsailboats.org.

Time: 7:00pm to 10:00pm.
Note: Open to all Members.

**April****Weekends****Skipper Helper Day**

Location: Pick your Skipper.
Description: Help those skippers that so graciously provide us with their boats all throughout the sailing season.

Cost: A little bit of your time and energy.
Note: See details in next month's Whisker Pole Possible April 8th, 15th or 22nd weekends. Skippers, pick your date.

Point of Contact: Laura Gwinn laura.gwinn1953@gmail.com

SPRING TRAINING - APRIL 1, 2023

8:00 Continental Breakfast; 8:30 Welcome by Education Committee & Commodore; 9:00 Travel to Classroom

Session	A	B	C
#1 9:10 - 10:00	1 - A Levels: L, M, E INTRO TO SOS (How to Join the Fun) SOS Membership Chair Pat Tracey and SOS Skipper Sandy Rosswork introduce you to the roles of Skippers, First Mates and crew in SOS, how to register for our events and volunteer opportunities within the club.	1 - B Levels: L, M, E CELESTIAL NAVIGATION ASA Instructor and Captain, John Crosby gives you the secrets on how to use the stars to navigate.	1 - C Levels: M, E SAILMAKER TALKS ABOUT THE BUYING OF & CARING FOR SAILS Chuck O'Malley of Chesapeake/Doyle Sailmakers Annapolis discusses the sail making process from measuring, designing, material selection, and construction alternatives
#2 10:10 - 11:00	2 - A Levels: L, M BASIC SAILING TERMINOLOGY ASA Instructor and SOS Member Carrie Wills discusses basic sailing terminology and how to talk "sailse."	2 - B Levels: L, M ONBOARD COMMUNICATIONS SOS Member Gene Jacob instructs you in the proper use of VHF radio and handling emergency procedures using both a handheld and ship's VHF radio.	2 - C Levels: L, M, E OUTBOARD MOTORS Chuck Holm , from C3 Marine will discuss the care and operation of outboard motors which are essential to us sailors.
#3 11:10 - 12:00	3 - A Levels: L, M HOW TO PROVISION AND WHAT TO PACK SOS Member Janet Gonski tells you about what to wear, pack, and provision for weekend SOS fun cruising on the Bay.	3 - B Levels: L, M, E OSPREYS Osprey Association will talk about mating, feeding, and behavioral habits of these amazing birds.	3 - C Levels: L, M, E BASICS OF RAFTING SOS Skipper Chuck Fort , leads a discussion on rafting with SOS, both circle & linear rafts. What is the overall plan, what part does crew play, and (for skippers) how do you direct your crew for a smooth entry into the raft.
12:00	Lunch and Exhibits		
#4 1:00 - 2:20	4 - A Levels: L, M, E BASIC NAVIGATION SOS Skipper Sandy Rosswork will teach how to find your location on the water and how to use marine charts to plot a course, avoid hazards, and locate your boat. Discover how to use channel markers and other aids to navigation to sail safely.	4 - B Levels: L, M, E PREVENTION & TREATMENT OF EMERGENCIES ON THE BAY SOS Member Karl Scible will provide tools anyone can utilize to make a bay outing safer. He will provide skills that utilize basic equipment that should be in every boat's first aid kit.	4 - C Levels: L, M, E SAIL TRIM Ian Sanderson , experienced sailor & SOS Skipper, describes controlling sails, using each sail in various wind conditions, good/bad of heeling, over-powered situations, best upwind & downwind sailing.
#5 2:30 - 3:50	5 - A Levels: L, M, E BASIC SAILING KNOTS SOS Skippers Chuck and Julie Fort demonstrate the proper knots to use on a boat and when to use them. Hands-on practice is included while viewing animation of each knot.	5 - B Levels: M, E DOCKING AND BOAT HANDLING UNDER POWER If boats moved like cars, docking boats would be simple! SOS Skipper, Emil Becker , explains the dynamics of stopping, backing, & docking boats – and how to make friends with that pesky WIND.	5 - C Levels: L, M BASIC SAILING FUNDAMENTALS SOS Skipper Rick Morefield uses things you already know to explain how a boat sails, with specific emphasis on points of sail and getting a boat from point A to point B.

SPRING TRAINING - APRIL 1, 2023

8:00 Continental Breakfast; 8:30 Welcome by Education Committee & Commodore; 9:00 Travel to Classroom

Session	D	E	F
#1 9:10 - 10:00	1 - D Levels: M, E BECOMING A FIRST MATE SOS First Mates John Parsons and Gabi Van Wie will outline the requirements and process to become a SOS First Mate. A great way to test your skills, become more proficient, and add safety to club sails.	1 - E Levels: M, E PHOTOGRAPHY ON THE WATER More photos are taken every day with cell phones than any other camera. A professional photographer will show you how to get the most out of your cell phone camera and take an award-winning photo on your next sailing trip.	1 - F Levels: L, M, E ABC's of COOKING ABOARD SOS Member Carol Niemand will make cooking easy, fun and fabulous for both Skipper and Crew.
#2 10:10 - 11:00	2 - D Levels: M, E DETAILING YOUR BOAT Chris of Madsoaps will be discussing how to make your boat beautiful and clean for the summer.	2 - E Levels: L, M, E GET IN SHAPE TO SAIL Get fit for the sailing season! SOS Member Heide Harper provides simple, easy-to-do exercises to strengthen tummy, back, arms, legs and improve your balance.	2 - F Levels: M, E RIGGING The Rigging Company will discuss the creation and maintenance of all aspects of yacht rigging to ensure a seaworthy and enjoyable boat.
#3 11:10 - 12:00	3 - D Levels: M, E TIDES AND CURRENTS SOS Skipper Dennis Krizek will intertwine the lore and legends of tides into NOAA's tide prediction tables to explain the equilibrium and dynamic theories of water movement.	3 - E Levels: L, M, E SOS BAREBOAT PROGRAM SOS Member Deb Kauffman will present the SOS Bareboat program and discuss pre-departure steps for crew and skippers. She will concentrate on the upcoming trips to the BVIs and Sicily.	3 - F Levels: M, E DIESEL ENGINES Karl Allen , Diesel Guru will discuss what should have been done for winterizing and discuss springtime maintenance. This includes sea water pumps, cooling systems, anodes, manufacturers recommended routine maintenance, and springtime start up. Owners should bring their owner manuals.
12:00	Lunch and Exhibits		
#4 1:00 - 2:20	4 - D Levels: L, M, E BOAT MECHANICAL SYSTEMS SOS Skipper Emil Becker will describe the various mechanical systems on a modern cruising sailboat, as well as how they work and how to utilize them safely for enjoyable sailing.	4 - E Levels: L, M, E NIGHT SAILING SOS Skipper Dane Skagen , will explain how to prepare for a safe and sane night passage.	4 - F Levels: L, M, E ANCHORING SOS Skipper Coco Lanquetuit will describe anchors, rode, scope, and how to anchor securely. She will discuss the crews' jobs during the process as well and what affects a boat at anchor and how to "weigh" anchor for another destination. Passing lines will also be discussed.
#5 2:30 - 3:50	5 - D Levels: L, M, E ELECTRONIC CHART PLOTTING Will talk about using electronics to navigate on the water, as well as providing pointers on celestial navigation.	5 - E Levels: L, M, E RULES OF THE ROAD SOS Skipper Harry Keith will discuss the rules that keep us from tearing fiberglass, the basic rules for avoiding collisions, the required equipment (different from USCG safety equipment), sound signals, lights, and understand the demarcation line.	5 - F Levels: M, E BOAT ELECTRIC SYSTEMS Discussion includes how to improve and maintain your boat's electrical system to run all the electronics and comfort items on board.

Backyard Gatherings are Back!

After opening the new year's spring with backyard gatherings the last two years, we are doing it again!

A chance to have regional get togethers by hosting a potluck, bring your own drink (and chair) event has offered many new and veteran members an easy and fun event.



We have reached out to past hosts looking at possible dates beginning in late March and April through May and we encourage you to hold one near you!

As people arrange dates, check out the Fleet Exercises, watch for blasts, and look through the Events Calendar to see when and where one might be held.

If you have any questions or want to learn more, host a Backyard Gathering, or other ideas please reach out to Janet Gonski or Linda Casucci, facilitators at JGSunset@Yahoo.com or CasucciLJ@gmail.com



2022 Call for Photos! Wanna See Yourself in Film?

Each year SOS presents a Retrospective video, a compilation of photos taken in at club activities, on land and on the water, starring YOU, our members! Prepared by John Parsons, the results are sure to be exciting! We know there are many photographers out there who have taken stunning photos of boats, people, and places, and we want to include them in the Retrospective.

Please send your photographs taken in 2021 to John so he can compile a presentation that will bring back memories of this year that will be sure to make us laugh, exchange stories, and tell tall tales about our adventures. Smart phone photos are acceptable. Identify at which SOS event the photos were taken. Please send the photos to John Parsons at johnfparsons_9@msn.com.

Ellie Kallins - 1946- 2023

The SOS family lost one of its biggest hearts in early January when Ellie Kallins passed away after an almost yearlong battle with Hodgkin's lymphoma.



Ellie was new to sailing when she joined SOS, but her energy and passion for it led her to ownership of *Meridian*, a Catalina 30, which she joyfully sailed to many SOS events. Back when many SOSers were just getting home computers Ellie was instrumental in starting the SOS-NET, our first informal email group. Later she was a founding member of a book club with other SOS members. She will always be remembered for her infectious smile, big laugh, and even bigger heart; she was always ready to help wherever needed.

I had the personal pleasure of sailing to the Eastern Caribbean with Ellie on *Sea Whisper* in 1997-98 when we visited more than twenty island nations on our way to the 1998 Carnival in Trinidad and the coast of Venezuela. Ellie's first husband had died in a tragic drowning accident and her courage and bravery in taking to the sea in small boats given that experience is remarkable.

She was a wonderful shipmate and sailor (and her culinary skills were much appreciated). We enjoyed great sailing, great visitors, met great cruisers, and not so great pirates and potential pirates.

Ellie was cherished by her two daughters and six grandchildren, all of whom she doted on excessively, and her passing a big hole in the lives of all who knew and loved her.

*By Harvey Walters
SOS Former Commodore 2006-07*

Annapolis Fireside Chat

On a chilly day in winter, the warmth of a Fireside Chat in Annapolis was captivating. Commodore Carole Jordan pulled together a powerful team for a panel. You have heard of the dynamite duo, well this was the triple trouble team. Past commodores Sandy Huberfeld and Janet Gonski joined Carol and soon the "Board Game" was born. The stated objective was to put boats on the water. So much more was gained. "Everyone learned something" "this was such fun" "this should be repeated every year," "this should be done for a larger group" are just some of the comments.



Thank you, Anne Bastian, for filling our tummies with an Italian delight and to Barbara for managing this and all fireside chats.



Welcome to the SOS
Happy Hour page!
Be sure to check here
for a Happy Hour
event in your area.
Send any changes,
updates or new
information about Happy
Hours to Jill Montgomery
jill.montgom@gmail.com



Virtual Happy Hours on ZOOM VARIOUS DATES: Get in touch with your Area Contact, listed in back of your Whisker Pole to be put on their HH notification list. Or check out the SOS Web site for dates and ZOOM links to all the Virtual Happy Hours.

KEY WEST, FL: SOS HAPPY HOUR place and time to be Determined. **Contact: TERRI AND KARL, 410-707-4319 or 267-221-6312**

1st Wednesday
NOVA/DC: **Feb 1st 5:00-7:00 PM**
MYLO'S GRILL, in the back dining room, 6238 Old Dominion Dr, McLean, VA. 22101. (in the Chesterbrook Shopping Cntr) 703-533-5880 www.mylosgrill.com
COORDINATOR: **HOPE – hoped@verizon.net**

1st Wednesday
BALTIMORE: **Feb 1st 5:00-7:00 PM**
MT WASHINGTON TAVERN, 5700 Newbury St., Baltimore, MD 21209. 410-367-6903 www.mtwashingtontavern.com
COORDINATOR: **PAT – pptracey63@gmail.com**

2nd Thursday
ELLCOTT CITY: **Feb 9th 5:00-7:30 PM**
La Palapa Grill, 8307 Main Street, Ellicott City MD 21043 410-465-0070 www.lapalapagrill.com
COORDINATOR: **JILL - jill.montgom@gmail.com**

3rd Wednesday
WILMINGTON: **Feb 15th 5:30 PM**
TIMOTHY'S Restaurant and Bar, 930 Justison Street, Wilmington, DE 19801 Wilmington Riverfront by Blue Rock Stadium, facing the waterfront. Drink specials until 7 PM. 302-429-7427 www.timothysontheriverfront.com
COORDINATOR: **SUE-Sbdonaldson713@verizon.net**

3rd Thursday
ROCKVILLE: **Feb 16th 5:00-7:00 PM**
Seasons 52, 11414 Rockville Pike, Rockville, MD 20852 301-816-0369. Free parking at Whole Foods.
www.m.seasons52.com
CORDINATOR: **DEBBIE - hidebbieg@yahoo.com**

3rd Thursday
PHILLY AREA: **Feb 16th 4:30 PM**
DiFabios, 1243 Providence Road, Media, PA 19063 (location of the Old Rose Tree Inn) 484-444-0850. Great food, lots of parking. Gather in patio area.
www.difabiosevents.com
COORDINATORS: **PATTI - evansapatti@gmail.com**
MARY – mary.payne@comcast.net

3rd Thursday
KENT ISLAND: **Feb 16th 5:00-7:00 PM**
RAMS HEAD SHORE HOUSE (in the back room) 800 Main Street, Stevensville, MD 21666. 410-827-6666
www.ramsheadshorehouse.com
COORDINATOR: **BARB – bbb Brooks@aol.com**

4th Thursday
ANNAPOLIS: **Feb 23th 5:00-7:00 PM**
ANNAPOLIS SMOKEHOUSE & TAVERN, 107 Hillsmere Drive, Annapolis, MD 21403. 410-571-5073.
COORDINATOR: **JEAN- jgough4you@gmail.com**



Rockville HH- Nov, 2022

Bill Small, Roger Andes, Phil Smith, Wendy Adams,
Debbie Goldberg, Debra Roane, Bill Merritt,
Joh Bernheimer, Debbie Lyle, Barbara Wise.

CLASSIFIED ADS

TO PLACE A CLASSIFIED AD:

- **Due 10th of month** for publication the following month
- Send email to NancyBriggs@hotmail.com with "classified ad" in the subject line
- You will receive a confirmation email back
- Ads will appear for only three months unless you notify me earlier to delete or continue.
- 75 word limit

Nancy Briggs, Classified Page Editor

BOAT PARTNERSHIP

FOR SALE: Two(2) shares in an incorporated 20+ year sailing partnership of a 1983 Hunter 34 based in Pasadena, MD. She has been sailed on the Chesapeake, the Atlantic coast, and around New England. The one-time purchase price is \$3,500, with yearly dues of \$750. For experienced sailors only. For photos or more information, contact Eric Swift at 540-907-8767 or keswift1@verizon.net 4-23

ITEMS FOR SALE

FOR SALE: Suzuki 9.9 outboard motor. Still in break-in period. \$1,500 Contact Richard:at 443-618-6469 or rjoklik@gmail.com 2-23

FOR RENT

FOR RENT: "Marsh Magic," a 4 bedroom, 3.5 bath house is for rent in west Ocean City, MD. Overlooks Sunset Marina. Photos and description available at www.vrbo.com, listing #164950. Contact Sharon Taylor at ocmarshmagic@yahoo.com 4-23

FOR RENT: Two bedroom, ground floor accessible apartment with garage parking in Dunedin FL, available for short term rental. The small community has a swimming pool, tennis courts, and shuffleboard. Rent includes cable TV and WiFi. Convenient quiet location. Walk to super market and restaurants. Gulf of Mexico and barrier island beaches 15 minutes away. Call Barbara Mistrik for more information at 410-956-1445. 4-23

Renew, Restore, Rewild: Three Innovative Projects Boosting Ocean Health

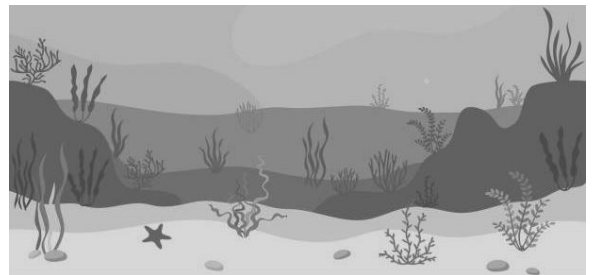
A deep dive into new initiatives supporting biodiversity – from the coastline to the seafloor

In a well-functioning marine ecosystem, everything is connected – from microscopic matter to massive aquatic mammals. If any one element becomes unbalanced, the ripple effects can be devastating.

This interconnectedness is one of the reasons why climate change is such a significant – and imminent – threat to the world's oceans. Katherine Richardson, a researcher of marine biology and biodiversity, notes that we're already seeing major disruptions in Earth's marine ecosystems: motile (moving) organisms migrating to new regions to escape warming temperatures, excess nutrient input from pollution affecting marine life, and coral bleaching, among other calamities.

Biodiversity is taking a huge hit in the wake of a changing climate – which in turn impacts climate mitigation efforts. "The biodiversity crisis is at least as important as the climate crisis," explains Richardson. "Biological processes, including both land and ocean photosynthesis, are critical for establishing sinks in the global carbon cycle. The way we change the biosphere's capacity for carbon storage is an integral part of the climate crisis."

Globally, organizations ranging from renewable energy companies to conservation groups to university research programs are collaborating to tackle the joint crises of plummeting biodiversity and ongoing climate change.



Check out this web page to take a journey from the coast to the seafloor to learn more about three critical efforts that aim to improve marine ecosystems.

<https://www.theguardian.com/power-of-green/ng-interactive/2022/nov/21/projects-boosting-ocean-biodiversity>

Article submitted by Pat Tracey

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 Instagram: https://www.instagram.com/Singles_on_sailboats
 Meetup: <https://www.meetup.com/Singles-on-Sailboats>



P. O. Box 5708
Annapolis, MD 21403

February Gatherings

Seminar “Marina Insurance” – Feb 11

Fireside Chat “Avoid Travel Woes” – Feb 18

Regional Brunches – Feb 12

**Save the Date:
April 1 – Spring Training**